

Allergens Information



BREAKFAST / APPETIZERS

	EGG	MILK	SOY	CHOLESTEROL	WHEAT	PEANUT	TREENUTS	SHELLFISH
SHARI'S EGG BREAKFASTS								
The Shari's Sampler	X	X	X	X				
Bacon & Eggs	X		X					
Sausage & Eggs	X		X					
Double Smoked Sausage & Eggs	X		X					
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Hash Browns & Rye toast		X	X	X				
Hash Browns & Sourdough toast		X	X	X				
Hash Browns & Wheat toast		X	X	X				
Hash Browns and White Toast		X	X	X				
Hash Browns & English Muffin		X	X	X				
Biscuit & Gravy		X	X	X				
EGGS BENEDICT								
Classic Ham Benedict	X	X	X	X				
Country Sausage Benedict	X	X	X	X				
Prime Rib Benedict	X	X	X	X				
Tomato Avocado Benedict	X	X	X	X				
SIGNATURE SWEETS								
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Waffle		X	X	X				
Cinnama-sation French Toast	X	X	X	X		X		
Combo with Bacon	X		X					
Combo with Double Smoked Sausage	X		X					
Combo with Sausage	X		X					
Add Marionberry		X						
Add Strawberry		X						
WELCOME CLASSICS								
TBone Breakfast	X		X					
Sirloin Steak & Eggs	X		X					
Ultimate Country Fried Steak & eggs	X	X	X	X				
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Biscuit & Gravy		X	X	X				
White Toast		X	X	X				
Wheat Toast		X	X	X				
Sourdough Toast		X	X	X				
Rye Toast		X	X	X				
English Muffin		X	X	X				
Meat Lovers Skillet	X	X	X					
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Biscuit & Gravy		X	X	X				
White Toast		X	X	X				
Wheat Toast		X	X	X				
Sourdough Toast		X	X	X				
Rye Toast		X	X	X				
English Muffin		X	X	X				

	EGG	MILK	SOY	CHOLESTEROL	WHEAT	PEANUT	TREENUTS	SHELLFISH
BREAKFAST EXTRAS								
Hash Browns				X				
Stuffed Hash Browns		X	X					
Bacon								
Sausage								
Zenner's Double Smoked Sausage								
Biscuits & Gravy		X	X	X				
Bowl Fresh Fruit								
Two eggs	X		X					
Cottage Cheese		X						
Caramel Pecan Roll	X	X	X	X		X		
Cinnamasation Roll	X	X	X	X				
White Toast		X	X	X				
Wheat Toast		X	X	X				
BREAKFAST EXTRAS (CONT.)								
Sourdough Toast		X	X	X				
Rye Toast		X	X	X				
English Muffin		X	X	X				
Black Pepper & Cheese Biscuits		X	X	X				
Oatmeal		X		0		X		
SCRAMBLES OR OMELETTES								
Country Ham & Cheddar	X	X	X					
Bacon, Mushroom & Pepper Jack	X	X	X					
Ron's Favorite	X	X	X					
Spring Spinach	X	X	X					
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Hash Browns & Rye toast		X	X	X				
Hash Browns & Sourdough toast		X	X	X				
Hash Browns & Wheat toast		X	X	X				
Hash Browns and White Toast		X	X	X				
Hash Browns & English Muffin		X	X	X				
Biscuit & Gravy		X	X	X				
Build Your Own Omelette	X		X					
Green Onion								
Sauteed Onions		X	X					
Broccoli add on								
Tomatoes Add On								
Pico De Gallo Add on								
Sour Cream Add on		X						
Swiss add on		X						
Cheddar Add on		X						
Bleu Cheese Crumble Add On		X						
Pepper Jack Cheese Add on		X						
Spinach Add on								
Bell Peppers Add on								
Mushrooms Add On								
Add avocado								
Add Ham								
Add Bacon								
Add Sausage								
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Hash Browns & Rye toast		X	X	X				
Hash Browns & Sourdough toast		X	X	X				
Hash Browns & Wheat toast		X	X	X				
Hash Browns and White Toast		X	X	X				
Hash Browns & English Muffin		X	X	X				
Biscuit & Gravy		X	X	X				

Allergens Information



LUNCH

EGG
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SHAREABLE APPETIZERS

Loaded Tater Tots	X	X	X				
Mozzarella Sticks with Marinara		X	X	X			
Chicken Tenders	X	X	X	X			
Nachos		X	X				
Shari's Sampler Platter	X	X	X	X			

FRESH ENTRÉE SALADS

Rustic Tuscan Chicken Salad	X	X	X	X			
Northwest Steak Salad		X	X	X		X	
Build Your Own Salad							
Caesar Salad	X	X	X	X			
Wedge Salad	X	X	X	X			
Spinach Salad	X	X		X		X	
Chopped Salad		X		X		X	

Chicken Breast

Wild Alaskan Salmon							
Shrimp Skewers							X
Chicken Tenders				X			

ARTISAN SANDWICHES

Traditional Club Sandwich	X	X	X	X			
Cajun Chicken & Avocado Club	X	X	X	X			
Prime Rib Dip	X	X	X	X			
Philly Rib Dip	X	X	X	X			
Grilled Ham & Four-Cheese Melt		X	X	X			
Four Way Grill Cheese Sandwich	X	X	X	X			
Roasted Turkey Breast Sandwich	X	X	X	X			
Applewood-Smoked BLT Sandwich	X	X	X	X			
Cuban Sandwich		X	X	X			
French Fries							
Tater Tots			X				
Cole Slaw	X						
Soup, Cup Chicken Noodle	X			X			
Soup, Cup Roasted Tomato Bisque		X		X			
Soup, Cup Clam Chowder		X	X	X		X	
Soup, Cup of Loaded Potato		X	X	X			
Dinner Salad		X		X			
Ranch Dressing	X	X	X				
Blue Cheese Dressing	X	X	X				
Thousand Island Dressing	X		X				
Honey Mustard Dressing	X		X				
Robusto Italian Dressing				X			
Low Fat Balsamic Vinaigrette				X			
Vinegar and Oil							
Hot Turkey Sandwich		X	X	X			

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SIGNATURE BURGERS & MELTS

Double Double Bacon Cheeseburger	X	X	X	X			
Tillamook Cheddar Burger	X	X	X	X			
Build Your Own Burger							
Tillamook Cheddar Burger	X	X	X	X			
Sauteed Onions		X	X				
Tomatoes							
Pico De Gallo							
Swiss add on			X				
Cheddar Add on			X				
Bleu Cheese Crumble Add On			X				
Pepper Jack Cheese Add on			X				
Traditional Patty Melt	X	X	X	X			
Bacon & Cheddar Melt	X	X	X	X			
Philly-Style Patty Melt	X	X	X	X			
French Fries							
Tater Tots			X				
Cole Slaw	X						
Soup, Cup Chicken Noodle	X			X			
Soup, Cup Roasted Tomato Bisque		X		X			
Soup, Cup Clam Chowder		X	X	X		X	
Soup, Cup of Loaded Potato		X	X	X			
Dinner Salad		X		X			
Ranch Dressing	X	X	X				
Blue Cheese Dressing	X	X	X				
Thousand Island Dressing	X		X				
Honey Mustard Dressing	X		X				
Robusto Italian Dressing				X			
Low Fat Balsamic Vinaigrette				X			
Vinegar and Oil							

Allergens Information



DINNER / HONORED / PIES & DESSERTS

EGG MILK SOY CHOLESTEROL WHEAT PEANUT TREENUTS SHELLFISH

USDA STEAKS

TBone Steak Dinner		X	X					
Sirloin Steak Dinner		X	X	X				
Broccoli		X	X					
Rice Pilaf		X	X	X		X		
Mashed Potatoes		X						
Tater Tots			X					
Coleslaw	X							
Dinner Salad		X		X				
Ranch Dressing	X	X	X					
Blue Cheese Dressing	X	X	X					
Thousand Island Dressing	X		X					
Honey Mustard Dressing	X		X					
Robusto Italian Dressing			X					
Low Fat Balsamic Vinaigrette			X					
Vinegar and Oil								
Caesar Side Salad	X	X	X	X				
Baked Potato								
Baked Potato with Butter & Sourcream		X	X					
Loaded Mashed Potatoes		X						
Loaded Baked Potato		X						
Stuffed Hash Browns		X	X					
Grilled Lemon Chicken & Rice		X	X	X		X		
Wild Alaskan Salmon Dinner		X	X	X		X		
Country Fried Steak Dinner		X	X	X				
Fish & Chips (fries)	X	X	X	X				
Fish & Chips (tots)	X	X	X	X				
Slow Roasted Turkey Dinner		X	X	X				
Chopped Steak Dinner		X	X					

SMALLER PLATES AND LIGHTER FARE FOR HONORED GUESTS

Smaller Plates Bacon and Egg	X		X					
Smaller Plates Sausage and Egg	X		X					
Smaller Plates Country Fried Steak Dinner		X	X	X				
Smaller Plates Omelette, Denver	X	X	X					
Buttermilk Pancakes	X	X	X	X				
French Toast	X	X	X	X				
Hash Browns & Rye toast		X	X	X				
Hash Browns & Sourdough toast		X	X	X				
Hash Browns & Wheat toast		X	X	X				
Hash Browns and White Toast		X	X	X				
Hash Browns & English Muffin		X	X	X				
Four Way Grill Cheese Sandwich	X	X	X	X				
Roasted Turkey Breast Sandwich	X	X	X	X				
Applewood-Smoked BLT Sandwich	X	X	X	X				
Soup, Cup Chicken Noodle	X			X				
Soup, Cup Roasted Tomato Bisque		X		X				
Soup, Cup Clam Chowder		X	X	X		X		
Soup, Cup of Loaded Potato		X	X	X				
Dinner Salad		X		X				
Ranch Dressing	X	X	X					
Blue Cheese Dressing	X	X	X					
Thousand Island Dressing	X		X					
Honey Mustard Dressing	X		X					
Robusto Italian Dressing			X					
Low Fat Balsamic Vinaigrette			X					
Vinegar and Oil								
Smaller Plates Wedge Salad with chicken		X		X				
Smaller Plates Garden Salad with chicken		X		X				
Smaller Plates Country Fried Steak Dinner		X	X	X				
Smaller Plates Fish & Chips (fries)	X	X	X	X				
Smaller Plates Fish & Chips (tots)	X	X	X	X				
Smaller Plates Slow Roasted Turkey Dinner		X	X	X				
Smaller Plates Grilled Lemon Chicken & Rice		X	X	X		X		

EGG MILK SOY CHOLESTEROL WHEAT PEANUT TREENUTS SHELLFISH

SHARI'S AWARD WINNING PIES

Shari's Deep Dish Washington Apple Pie	X			X				
Shari's Northwest Marionberry Pie	X	X		X				
Shari's Dutch Apple Pie	X			X				
Shari's NSA Granny's Apple Pie	X	X	X	X				
Shari's NSA Northwest Marionberry	X	X		X				
Shari's Montana Cherry Pie	X		X	X				
Shari's Strawberry Rhubarb Delight	X	X		X				
Shari's Northwest Berry Trio	X		X	X				
Shari's Peach Perfection	X		X	X				
Shari's Peanut Butter Chocolate Silk	X	X	X	X	X	X		
Shari's Tropical Coconut Cream	X	X	X	X			X	
Shari's Sour Cream Lemon	X	X	X	X				
Shari's Banana Cream Dream	X	X	X	X			X	
Shari's S' mores Galore Pie	X	X	X	X			X	
Shari's Creamy Caramel Pecan Crunch	X	X	X	X	X	X		
Shari's Chocolate Cream Supreme	X	X	X	X				
Shari's Lemon Meringue Delight	X	X	X	X				
Shari's Northwest Marionberry Cheese	X	X	X	X				

SharisTM

Allergens Resource Guide

MARCH 2019

Product Information Disclaimer

Shari's provides the most current allergen information available from our food suppliers on eight common allergens so that our guests with food allergies can make informed food selections. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with other food products. While we strive to keep this information current, please note that ingredient changes and substitutions may occur due to differences in regional suppliers, recipe changes, product changes, preparation techniques, and the season. Due to these circumstances, we are unable to guarantee that any menu item can be completely free of allergens.

